

# Missouri School for the Blind

## Session II – *Explorations in Culinary Arts 2025:* *Bon Appétit*

**Who:** Students Who Are Blind/Visually Impaired in Grades 8–12

**Where:** Missouri School for the Blind (MSB)  
3815 Magnolia Ave.  
St. Louis, MO 63110

**When:** **Session 2:** July 7–18, 2025 (10 days)

**What:** ***Bon Appétit*** is a two-week program designed to introduce students who are blind or visually impaired to a variety of skills, techniques, and practical tips designed to make cooking fun, safe, and easy. ***Bon Appétit***, students will participate in a wide range of activities including meal and menu planning, grocery shopping, food preparation and presentation. Students will be introduced to adaptive equipment and techniques for cutting, chopping, measuring, pouring, cooking, and baking. Participants will explore concepts of healthy eating and try appetizers, entrées, side dishes, breakfast dishes, desserts, snacks, and more. Students are expected to try every food and will learn how to critique foods using descriptive words and a rating system. Students will also be introduced to careers in Culinary Arts. During ***Bon Appétit***, students will learn skills by experiencing and participating in a variety of lessons and activities culminating in a **Kids Cook-Off and Demonstration** featuring our ***Bon Appétit*** participants.

**Costs:** *Free.* Transportation, activities, room, and board are all provided *FREE* of charge.

**How:** Complete the registration form found on the MSB website and submit it by May 1, 2025 to:

Missouri School for Blind  
Attn: Summer Programs  
3815 Magnolia Ave.  
St. Louis, MO 63110

If you have further questions or need additional information, please contact Desirée Morris, Assistant Superintendent at 314-776-4320 or via e-mail at [desiree.morris@msb.dese.mo.gov](mailto:desiree.morris@msb.dese.mo.gov)